



Tatton Park Triathlon 2009 **19th & 20th September**



MEV MARSHALLS WERE SUPERB AT TATTON PARK TRIATHLON 2008. WANT TO BE ONE OF 50 MARSHALLS IN 2009?

Set in the grounds of Tatton Park just outside Manchester this triathlon is one of the largest in the North West. The event is one of the most scenic triathlons in the UK and attracts large numbers of spectators as well as triathletes. The event HQ is at the beautiful Tatton Mere and the bike and run courses are in the estate grounds and Cheshire countryside. This year the event will double in size with over 1,000 entrants. There is a wide variety of roles for MEV volunteers and we aim to rotate roles over the two days of the event. The benefit package will include a competitor's pack; catering and we are considering transport to and from city centre Manchester on both days.

Lake District Triathlon 2009 at Coniston - 6th September 2009



The Lake District is one of the most scenic areas in Great Britain and a magical place to hold a triathlon. There is now a new triathlon event that takes place around the world famous Lake Coniston. For those racing the swim is in the lake itself and the bike and run courses take you through beautiful lakeside scenery. The benefit package will include a competitors pack, catering and we are considering transport to and from city centre Manchester on race day. Fancy a day in the beautiful countryside of the Lake District? Then register your interest in the usual way.



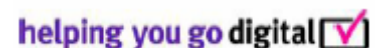
Good Neighbour Campaign

Community Service Volunteers are working with the BBC in the North West to launch The 'Good Neighbour' campaign, a project that will make sure that vulnerable and isolated people in the North West are aware of Digital Switchover.

The general idea is to get community-minded people to come on board and help take out the message about Digital Switchover to the maximum number of people, we need volunteers to help by going out into their community and raising awareness and understanding of digital switch-over and the support that is available via the BBC Help Scheme, this will include vulnerable and isolated neighbours.

There are lots of voluntary roles available in the project, the first being a full time volunteer to work with us in Lancashire, Cheshire, Merseyside and Manchester. The full time volunteers will work with CSV and BBC staff to coordinate the project in the region, including recruiting and managing volunteer 'Community Champions' for the project. They will have good organisational skills, the ability to enthuse others, and passionate about helping vulnerable and isolated people through Digital Switch Over in the North West.

The 'Community Champions' will spread the word through outreach activity to encourage others to be a good neighbour and use take time to talk directly with anyone who they think may need support or advice. As a full time volunteer or 'Community Champion' they will be trained in the BBC Help Scheme, the basics of Digital Switchover and how best to get the message across to vulnerable people. Travel expenses will be provided.



If you are interested in any of the opportunities in this newsletter please call 0161 234 1532, log on to www.mev.org.uk or e-mail info@mev.org.uk for more info

The Booth Centre

The Booth Centre is well respected advice and activities based day centre for homeless people. Our website gives full details about the Centre www.boothcentre.org.uk

Project Worker Assistant (Voluntary role)

Time commitment: 2/3 days per week, 9am to 3pm, from June to September

Location: Manchester City Centre

We have an exciting opportunity for someone interested in working with homeless people and gaining skills in advice, support and advocacy work. It would be a great opportunity for a student or college leaver, for example, to gain experience over the summer in working with adults with drug, alcohol or mental health problems. We are looking for someone who is a good listener, is positive and encouraging and is willing to learn. Full induction, training, support and travel expenses will be provided.

Kitchen supervisor (Voluntary role)

Time commitment: Mon and Wed mornings from 8.30 to 12.30, from May for at least 4 months

Location: Manchester City Centre

We have a new opportunity for someone who is a confident cook who would like the opportunity to help homeless people to learn kitchen skills. You will be working in the Centre's small kitchen with one of our service users helping them to cook simple, healthy lunches (mainly stew, pasta, curry or salad) for around 20 people each day. We are looking for someone who is positive and encouraging. Full induction, training, support and travel expenses will be provided.

CHANGE OF PERSONAL DETAILS

If you have recently changed address, e-mail or phone number please let us know and we can update your details on our central database.

This will ensure that you can be contacted easily when you register for an activity or event.

Manchester Kurdish Film Festival

Long Term Opportunity

Kurdish Creative Film Centre are currently in the planning stages of this event due to run at the Cornerhouse Manchester from 14-16 August 2009. We will be screening a mix of short films and feature films and also have special appearances from the Salford, Kino and Family Friendly Film festivals. We currently require volunteers to help in this planning stage. KCFC are a not for profit organisation running for approx. 5 years now. Though we aim to pay expenses we can not offer more than this due to our funding restrictions. However we believe that this level of contact with the film industry and in event management will be a great experience for anyone looking to enter this arena. KCFC are open to supporting in the future, and in any way possible those who volunteer in this event. This current volunteer opportunity is related to office tasks surrounding the admin and marketing aspect of the festival.

Project development officer assistant

Required to aid in the development of future projects for the Kurdish Creative Film Centre. The post would be 1-2 days per week, and we require someone to fill this position as soon as possible. Future projects would surround areas such short films, fundraising events, feature films, annual film festival, funding etc.

DID YOU KNOW.....With MEV, volunteering is about personal choice and you can get involved with events which interest you most. You can also take part in training opportunities with local colleges, leading to further qualifications and, if needed, help with finding a job!

World Netball Series 2009

The World Netball Series will take place at the MEN Arena from the 9 -11th October. Over the course of 3 days spectators will witness some of the world's greatest netball promising a fast, ferocious and vibrant competition in an aim to raise the profile of the sport and attract new participants and spectators.

With a number of innovative rule changes the new format will test the fitness, technical ability and tactical awareness of the best players in the world. Each game will be played over four six minute quarters and promises to be high energy and an awesome spectacle.

The series will involve the world's top six netball nations, England, Australia, New Zealand, Jamaica, Samoa and Malawi, in association with IFNA, Manchester City Council, England Netball, Northwest Regional Development Agency (NWDA) and UK Sport.

Volunteers are required to carry out the following essential roles during the period of the event: Match Statistics, Programme distributors, Accreditation Crew, Runners, Media Liason, VIP Reception, VIP Host, Ball Patrol, Stewards

Please visit www.worldnetballseries.com for full role descriptions. Previous experience of netball volunteering is not necessary for the majority of the above jobs.

Shifts (approximate)

Friday 9th October:

Shift 1: 12.15pm – 5.00pm

Shift 2: 5.00pm – 10.00pm

Saturday 10th October:

Shift 1: 8.00am – 1.30pm

Shift 2: 1.00pm – 6.00pm

Sunday 11th October:

Shift 1: 11.00am – 5.30pm

Uniform

You will be given an event uniform to be worn during your shifts.

Refreshments

You will be provided with unlimited water/tea/coffee and a packed lunch.

Expenses

Expenses will be paid up to a maximum of £5 per day.

If you are interested in volunteering at this event please log onto the below official website to complete an application form: www.worldnetballseries.com or register in the usual way and an application will be sent to you.

WHY NOT LET US SET UP YOUR OWN UNIQUE MEV E-MAIL ADDRESS

How would you like your own unique Manchester Event Volunteers e-mail address? You could have your.name@volunteersdoitbetter.org.uk. For more information contact the MEV team.

Cancer Aid and Listening Line - Long Term Opportunity

Rewarding volunteering. Local charity CALL urgently seeks caring volunteers to support people coping with cancer. Various rewarding roles in Greater Manchester including befriending, respite sitting, social activities, driving and telephone work. Excellent volunteer training & support. Expenses paid. CRB check required.

Volunteer Drivers - Urgently needed! Do you have time to spare to help transport people with cancer to hospital appointments and social activities? Caring individuals with their own cars urgently needed in Greater Manchester. Excellent training & support given. Expenses paid. CRB check required.

Next training: 9th, 16th and 23rd June in North Manchester. Visit www.canceraid.co.uk

If you are experiencing difficulty with event organisers not contacting you before an event, please contact the Central Team on 0161 234 1532 and we can find out what's happening for you. This may just be an oversight on the organisers behalf.

Manchester International Arts

Vigorous Volunteering

at our monthly Volunteer Activity Afternoon

Platt Fields Park, Fallowfield, M14 6LA – meet at The Lakeside Centre 1-4pm

Weather depending, we shall be:

planting Shakespeare's plants in the Shakespearean garden, building a new barbecue in the eco garden, planting out veg in the vegpatch, running a café for the public, sign painting

All welcome, wear old clothes, gloves. We provide free refreshments for all volunteers at the end
www.plattfields.org

EVERY THURSDAY EVENING DURING THE SUMMER ...

Friends Gardening Group

Platt Fields Park, Fallowfield, M14 6LA – meet at The Lakeside Centre 5pm till dusk

Our thriving gardening group is responsible for a vegpatch, herb garden, soft fruit area, greenhouse and raised planter beds in Platt Fields. We have been chosen to pilot a whole development of 'food in parks' so hope to be getting many new fruit trees and bushes, along with bee hives, courtesy of the Co-op, this summer. The gardening group is lively and enthusiastic .. Come and join us!



10th and 11th July 2009

The Rochdale Feel Good Festival is a 2 day extravaganza of food, live music and street theatre entertainment. Healthy cooking demonstrations will take place from 2 well known celebrity chefs, a themed market, 7 indoor music venues showcasing local and regional talent and 1 large outdoor music venue with famous

acts such as the bluetones and up and coming artists. We require 10 volunteers from 8.45 am until 5.00pm to help with the market and chef event and 10 volunteers from 4.00pm until 10.00pm to act as stewards for the outdoor music event.

Travel expenses will be provided. If you are interested in volunteering at a new exciting festival please register in the usual way.



USEFUL DOCUMENTS ON THE MEV WEBSITE

Why not have a look and keep yourself up to date with what is happening at MEV by looking at the Useful Documents section of our website
www.mev.org.uk/community/documents. From here you can download a number of useful forms and documents.

**DON'T FORGET TO LOG ON TO
WWW.MEV.ORG.UK TO CHECK OUT THE
NEWEST EVENTS AND ACCESS THE
COMMUNITY FORUM**

CONTACT US

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Fax: 0161 274 0036

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Web: www.mev.org.uk