

## **The British Gas Big Dip 2011**

### **30th July - 29th August Spinningfields**

Manchester Sports Events and Education Team have been working with Olympic Swimming Bronze medalist Steve Parry to bring a new innovative swimming event to the City this summer.

From Saturday 30th July until Monday 29th August The "British Gas Big Dip" will be based within Spinningfields, Manchester, in association with Speedo, one of the world's leading swim brands.

The temporary build will feature 25m-sized outdoor pool and promises 'summer swimming like never before' with aqua fit, family swims, splash games, toddler fun, mini water polo and water confidence sessions. There will also be aqua zumba, early-bird lane swimming and pool volleyball as well as coaching sessions to support those who want to learn how to swim. In addition, there will also be a beach area, which will allow visitors to enjoy relaxing on the sand.

This will be a unique volunteer opportunity and will provide excellent experience in a busy 'outdoor' Leisure facility. Opportunities will be split into 3 shifts per day:

7am – 11am, 11am – 3pm and 3pm – 7pm.

We will contact you to schedule your desired shifts. Full kit will be provided which includes T-shirt, Shorts and Flip Flops. There will be a range of duties each day and will include

Reception and general enquiries, Pool Lifeguard, Beach Management, Event Support, Stewarding

A pool lifeguard qualification is essential to volunteer on poolside but there are other roles that do not require this qualification. Each volunteer must have a completed CRB check.

Also, as part of your volunteer experience you will gain access to the facilities before or after your shift (dependant on numbers on the facility at that time).

A staff briefing will take place on Thursday 28th July where duties and kit will be distributed. Further information to follow.

**An amazing summer of volunteering on this first for Manchester. Why not come and join us on the Big Dip.**

## **The National Schools Cheerleading Championships**

### **The National Cycling Centre on 25th June 2010**

The National Schools Cheerleading Championships takes place at the National Cycling Centre on 25th June. To supplement our own in house stewards, we require 30 volunteers (15 early 07:15 – 15:00 and 15 late 15:00 – 21:30).

You will be provided with a stewarding t-shirt and made aware of emergency evacuation procedures. Please wear smart black trousers and black shoes.

### **VOLUNTEER REGISTRATION NUMBER**

**Have you attended an Induction and received your Volunteer Registration Number? If not please contact the team on 0161 234 1532 or e-mail [info@mev.org.uk](mailto:info@mev.org.uk)**

**Once you receive your number you can use it to join MyMEV and begin using the website.**

## **Barnabus Withington Charity Shop**

### **Long Term Opportunity**

Could you help the Homeless by sparing a few hours to volunteer at our Withington Charity Shop

We are Barnabus a Manchester Christian Homeless Charity and have been supporting the homeless in the City for 20 years through our Drop-in, Collaborative Projects and our work out on the Streets and in the Prisons.

Our Shop on Wilmslow Road, Withington helps to support our work and we are in desperate need of extra volunteers particularly on a Friday and Saturday our opening times are Mon - Sat, 9.30am - 5pm. Our shop is managed by a fulltime member of staff and a team of volunteers and sells quality second-hand goods, clothing and bric-a-brac. It also has a coffee mini bar, selling coffee and cakes.

If you can't help by volunteering at our shop but would like to help our work we desperately need your unwanted clothing, shoes, blankets and sleeping bags. Anything we don't give out to the homeless and vulnerable will help us to raise funds through our charity shop in Withington.

Please bring anything you can spare to Ready Steady Store on Bury New Road, M7 2YL they are open Mon – Sat 9 - 5.30pm and are graciously donating space for us to receive this collection.

If you can't help by donating clothes please support our work by making a donation by credit card on our website or send any cheques payable to Barnabus, to find out more see [www.barnabusmanchester.co.uk](http://www.barnabusmanchester.co.uk)

## **UK BACKWARD RUNNING CHAMPIONSHIPS**

**Heaton Park, Manchester**

**Sunday 14th August, 2011 9.15am to 12.30pm**

Reverse Running is the sport of running backwards and is also known around the world as Retro Running and Backward Running. It is a 'Super Exercise' with innumerable benefits to the body and mind, such as reducing the risk of injury, a speedy aid to losing weight & it helps create a stronger more balanced lower body. If running forwards isn't your forte, maybe going backwards is. Our ethos at Reverse Running is to popularise the sport in the UK, get people enjoying exercise and improving their health and well-being.

One mile race around scenic Heaton Park for athletes of all abilities, no matter if you are a beginner, intermediate level or a serious reverse runner.

Backward Fun Run or Walk - is perfect for beginners to enter. Whether you run or just walk it backwards, the fun run has been created to allow people to experience backward running (or walking) without the pressures of competing. There is no rush to complete the course with the emphasis on having FUN.

We require volunteers to help marshal the course to ensure the general public are aware of their surroundings and avoid the competitors while running backwards.

**Travel expenses will be reimbursed up to a maximum of £5.00**

**If you are experiencing difficulty with event organisers not contacting you before an event, please contact the Central Team on 0161 234 1532 and we can find out what's happening for you. This may just be an oversight on the organisers behalf.**

## FREE TRAINING OPPORTUNITY – PERSONAL BEST – PRE-EMPLOYMENT PROGRAMME

Personal Best North West is a FREE, ESF funded, pre-employment programme for people who are unemployed (including those on JSA) and not on any other programme of training. Joining Personal Best is a chance to learn new skills, increase confidence, gain a level 1 Award in Preparation for Event Volunteering and get support looking for jobs. The course also includes volunteering at local sporting, cultural and community events.

During the course students will cover:

CV Building & Letter writing, Fire safety, Customer Care, Public Safety Awareness, Interview Practise and 20hrs of Event volunteering

All Personal Best participants are fully supported throughout the course by a Personal Best Advisor and will have any travel, lunch and support costs provided

Contact us today and join our latest MANCHESTER CITY CENTRE course:

Days: Wednesday & Thursday

Time: 10am – 4pm

Length: 8 Weeks

Venue: The Methodist Church Central Hall, Oldham Street, Manchester, M1 1JQ

Future courses are due to run in Manchester City Centre, Chorley & Copeland. Make sure you don't miss out – get in touch today!

For further information visit our website: [www.personalbest2012nw.co.uk](http://www.personalbest2012nw.co.uk).

## TRAINING OPPORTUNITY- FREE Training for volunteer ESOL tutors

The WEA (Workers Educational Association) are once again offering their popular training course for individuals who volunteer as ESOL tutors and the LSEN (Learning, Skills & Employment Network) are helping to advertise and recruit volunteers to this course.

If you are interested in attending the course and meet the following criteria please complete an application form:

- Ideally, but not essential, tutors should already be delivering ESOL on a voluntary basis or assisting with ESOL classes
- Be willing and able to attend all 5 sessions of the training programme
- Be claiming benefits in order to qualify for the free training

The course will start on Wednesday 22nd June 10.00am – 1.00pm for 5 weeks and will be held at the WEA's offices on Oxford Road, Manchester, M13 9GH. Please register in the usual way and an application form will be sent to you.

## Beech Road Festival 2011

**Sunday 3rd July 12.00am - 6.00pm, Beech Road Park ,Beech Road Chorlton**

Beech Road Association of Traders would like help in stewarding the Beech Road Festival, which is a family event much enjoyed by everyone. The event has been arranged to raise much needed funds to make improvements to Beech Road Park.

### Activities on the day will include:

Live music in the park all day, Unity Festival are helping children to make music, Small rides, Face painting, Tombola, All kinds of foods and lots more stalls

Volunteers will need to arrive at 9.00am until 6.00pm and expenses will be paid. We require approximately 20 volunteers to help make the event a success, 2 of which are required to have an enhance CRB check to work on the lost children's point.

## The Manchester Museum Allotment

### Long Term Opportunity

The Manchester Museum is hosting an allotment in the courtyard this summer which links with our new Living Worlds gallery. Living Worlds explores the connections between all living things, including us, and shows how we can all shape the future by the choices we make, one of the choices we can make is to grow food.

The allotment has been created by volunteers, visitors, community groups, a children's centre, university scientists and students and Museum staff. Some of us know lots about gardening and many of us are beginners – so this project is all about sharing skills and a love of the outdoors.

We are looking for volunteers to help look after the allotment and talk to our visitors about why we have the allotment and what we are hoping to achieve. The allotment will connect with our collections ranging from our natural history to archaeology, volunteers will also run object handling sessions with real objects from our collections that relate to this subject.

You will receive full training in preparation for this role and must be able to commit to a minimum of 3 months to apply.

## EMERGE Zero Waste Champions

### Long Term Opportunity

On average each person in the UK throws away seven times their own body weight every year. By reducing the amount of stuff we throw away we could conserve resources, combat climate change, reduce pollution to the land, water and air and save money.

EMERGE want people from across Greater Manchester to become Zero Waste Champions and take the Zero Waste Challenge. The challenge is to reduce the amount of stuff you throw away to as close to zero as possible in one month. After you have completed the Zero Waste Challenge we want you to volunteer your time to help us recruit more Zero Waste Champions and educate the community about the importance of reducing the amount of waste we throw away.

Please register in the usual way and more information will be sent to you.

## Volunteer Contact Details

We have received a number of queries in recent months from volunteers who have not been contacted by event organisers. One of the main concerns volunteers have raised is that organisers are only contacting those volunteers with e-mail addresses. Therefore, we have decided to no longer provide e-mail addresses on the contact lists we send to event organisers. Hopefully, this should help alleviate some of the issues you have been having as this will mean event organisers will have to send all details by post.

However, please be aware this will not guarantee a response all of the time, so if you are experiencing problems with event organisers please contact the MEV Team on 0161 234 1532.

## CONTACT US

Manchester Event Volunteers  
Manchester City Council,  
P.O.Box 532, Town Hall,  
Manchester, M60 2LA

Tel: 0161 234 1532

Answer phone: as above (after 5pm)

Fax: 0161 274 0025

E-mail us: kd@mev.org.uk

Web: www.mev.org.uk



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